

Lawrenceville Woman's Club November Newsletter 2024

October Chairlady Shelia Jones

Welcome November- can you believe it- daylight savings time - holidays! Thanksgiving is just around the corner - hope you have a blessed one and enjoy time with your family. I will be hosting the November meeting and look forward to seeing everyone- November 6th – 6:00 pm at the Female Seminary. We will meet in the parking lot and put together Thanksgiving Food Boxes for Mending the Gap!!! LeeAnn will be the chairlady for December and we will put together Christmas bags for senior men - Location TBD more details about what is needed for the bags will be provided at the meeting. See you then!!!

Treasurer Nicole Hallmark

I will have blank expense forms for anyone who needs to be reimbursed. Please try and get all your receipts in order so I can write you a check before the end of the year.

Newsletter Nicole Hallmark

The deadline for the December newsletter will be Friday November 15 by noon.

Arts and Culture Marylouise Awana

Christmas Canteen starts November 29 and runs until December 22. We will be contacting the Aurora to see when we need to put up our tree for Festival of Trees at the Aurora.

Civic Engagement and Outreach



Reminder early voting ends on Friday November 1st. Election

day is Tuesday November 5th. Get out and Vote!

We are volunteering to help serve at the Veterans luncheon on November 7^{th} from 11-1pm at Bethesda Park.

If the Female Seminary does not have an AED would the club be interested in purchasing one with the foundation funds we have in the budget?

There is a Veterans Empowerment Expo on November 9th at the Duluth library.

Continue to collect the tennis ball cans. Seems the months have gotten away so we will start working on the project in January.

Remember to set your clocks back on Saturday night before you go to bed! Also, Make sure your smoke detector has fresh batteries.



Education and Libraries LeeAnn Gregg

Some events hosted by the library in November:

STEM - Technology | Senior Computer Class

Tuesday, November 05: 1:00pm - 2:00pmSnellville Branch - *Snellville Meeting Room*

AGE GROUP: AGES 19+

EVENT TYPE: STEM - TECHNOLOGY

Do you need help learning and getting started with some technology as a senior? Come join us to learn some computer

basics!

Senior Living | Free Stuff at Your Library!- A Lunch and Learn Workshop

Wednesday, November 13: 11:30am - 12:30pm Five Forks Branch - Five Forks Meeting Room

AGE GROUP: AGES 19+ **EVENT TYPE:** SENIOR LIVING

Bring your own lunch and join other seniors as we learn about all the free stuff at the library. We encourage you to bring your phone, tablet, and/or laptop—as well as your lunch. Connect and learn at the library!

Education | Historical Heroes: Nina Mae McKinney

Sunday, November 17: 1:00pm - 1:15pm

Virtual

AGE GROUP: AGES 19+ **EVENT TYPE:** EDUCATION

Movie roles for African American women in the 1930s were relegated to stereotypical characters or excluded altogether. Learn how Nina Mae McKinney dealt with this challenge by finding success in Europe.



Environment

November 15th is American Recycles Day -- Take the pledge!!! Go to Kab.org to join!!! Gwinnett's recycle day is – Saturday November 2^{nd} -- \square

Gwinnett County residents will be happy to learn that Saturday, November 2nd marks the return of <u>America Recycles Day</u> (ARD) to the Gwinnett County Fairgrounds in Lawrenceville. Hosted by Gwinnett Clean & Beautiful and Gwinnett County Solid Waste Management from 9 a.m. to noon, the event will give locals a "one-stop-shop" opportunity to drop off items that are typically more difficult to recycle, such as electronics, tires, clothing, sneakers, and latex and oil-based paint. Paper shredding will also be available.

Items collected during America Recycles Day 2024 are:

- **Electronics** Recycling is free except for TVs, monitors and printers. Attendees are asked to bring cash \$35 for projection or console TVs, \$15 per monitor or flat screen TV and \$5 per printer.
- **Paint** –Both latex and oil paint will be accepted at this event. Collection is limited to ten gallons per vehicle. Latex paint cans must contain 25% wet paint in order to be recycled.
- **Tires** Limit 8 tires per vehicle no dealer tires, please. Tires must have rims removed and be free of water and debris.
- · Paper shredding Limited to five copier paper boxes
- · Textiles gently used clothes, shoes, etc.

If you're interested in volunteering at the Lawrenceville Community Garden – upcoming work days are November 25th – 3-5pm and December 2nd 3-5pm!!!

Support your local farmers markets

- Suwanee Farmers Market Saturdays 8:00am -12:00pm Town Center Ave- Suwanee, Ga.
- Snellville Farmers Market Saturday 8:30 am -12:30pm –Towne Green Snellville, Ga.



ealth and Wellness Shelia Jones

November is Alzheimer's Awareness Month- wear Teal to the meeting in November!!! The 2024 Walk to End Alzheimer's in Atlanta – is November 2nd – at the Battery at Truist Park. #Walk2EndALZ. If you can't join the walk ---let's do our part put on your teal shirt and walk on that day- around the neighborhood – or get a group together. Health and Wellness we will make a donation.

November is Alzheimer's Awareness Month, a time to heighten awareness about Alzheimer's disease and show support for the more than 6.2 million Americans living with it. There are a number of quick and easy ways you can help raise awareness, show support, and fight Alzheimer's disease!

Why Teal?

Teal is the Alzheimer's Awareness color of the Alzheimer's Foundation of America (AFA). AFA uses teal because it has been shown in color psychology studies to be a calming color. This is helpful when designing and decorating spaces and events to be welcoming and comforting to those living with Alzheimer's. So, next time you see someone dressed in teal, remember the more than 6 million people living with Alzheimer's and the help they need.







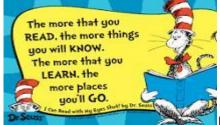
AFA offers free virtual memory screenings which allow individuals to receive one-on-one, confidential memory screenings from a qualified professional using their computer, smart phone or tablet. This service, which is part of AFA's National Memory Screening Program, began during the COVID-19 pandemic to ensure that people could still get screened from the safety and comfort of their homes.

Screenings are done by appointment daily, Monday through Friday. Appointments can be scheduled by calling AFA at 866-232-8484 or online by <u>clicking here</u>.

A basket was donated to Delmar Gardens for their 25th Anniversary Gala.



Book Club Shelia Jones



Bring your calendar to the next meeting so we can decide on the November date! Have

Federation News Shelia Jones

Nicole and I attended the CED Fall District Meeting in Winder. Great informative meeting about what is going on in our district. A basket was donated for fund raising/silent auction for the district. District money was used and food donations were given to the Augusta Relief Fund. We will have a red challenge for the month of February from the District President. There will be more details in the January newsletter.



The Track it Forward email address has been changed to lwcgapresident@gmail.com. More details/information will be provided at the November meeting.

Dates to remember –

October 30th is deadline for completing the 2024 GFWC National Day of Service Impact Report November 23rd is deadline for News Article for December issue of The Georgia Clubwoman State/District Dues and Roster due December 1st.

Club Reports due January 25th

President Report Due February 15th

Central East District Spring meeting will be March 8th, hosted by Women's Clubs of Newton County GFWC 2025 Annual Convention Atlanta – June 7-9th - Omni Hotel

Lilburn Woman's Club is inviting you and your members to join us for our annual dinner-auction fundraiser. This event is to raise funds for Christmas gifts for needy children in Lilburn and for local food pantries. I'm attaching a flier and a link to our website where you can purchase tickets if you're interested. They are \$30 per ticket which basically covers the venue and dinner. The doors open at 6pm for perusal of auction items and dinner will start around 630pm. Please share with your members.

We hope you can join us. It's a fun event!

Thanks, Kathy Mattox, President

https://www.lilburnwomansclub.org/copy-of-holiday-dinner-auction

PADV/Wellsprings

Shelia Jones

We donated a \$50 target gift card was purchased to be used for costumes for PADV's trunk or treat.

Sunshine Nicole Hallmark



Michele Wright November 7 LeeAnn Greggs November 14

Just wanted to provide an update on MaryLouise's sister - she is not getting any better. Hospice arrangements are being made to bring her home to be with the family and not in the hospital. Please keep MaryLouise and her family in your prayers.

Phyllis is not doing well either --- I dropped off a Halloween card and soft cookies --- please keep her in your prayers.

